

Report

By held monitoring in frames of “Food for Peace” program.

Date of received: February 27, 2007

Value of donation: \$ 86,625.00

Total quantity of donated foods: 37 500 kg

In July of 2007 year the workers of “Ergene” foundation held the monitoring in medical and social institutions of Osh, Jalalabad, Batken, Naryn, Talas, Chy, Issyk-Kul oblasts and in Bishkek. The institutions are the participants of “Food for Peace” program.

Period of time for projects realization: January 2007year – December 2007 r.

Place: Osh, Jalalabad, Batken, Naryn, Talass, Chy, Issyk – Kul oblasts and Bishkek.

Time of monitoring: July 2007 r.

Methods of monitoring:

1. Visits to warehouses, kitchens, canteens.
2. Checks of day-books for consumption of vegetable blends, totaling of left products for the moment of monitoring.
3. Interview of patients, administration, hospitals and cooks about the problems with using the product and recommendations for improvement of quality.

Quantity of institutions where monitoring was held: 24

Quantity of patients that received help: 5 000

Goals of monitoring:

- Analysis of program effectiveness
- Reveal of positive moments and weak sides for improvement of projects realization in future.

Monitoring Details

Monitoring started at the second of July in Chy oblast. In most of the institution was undeclared. The monitoring was held by the plan that was composed beforehand.

Chy Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg) on a moment of monitoring	Date of monitoring
1	Sokuluk Internaut-home for old people	100	720.0	468.0	02.07.07

2	Belovodski Children's psychoneurological internaut-home	250	1800.0	1328.0	02.07.07
3	Jail psychoneurological internaut-home for female	200	1440.0	1092.0	02.07.07
4	Nijneserafimovski nursing home	400	2880.0	1920.0	04.07.07
15	Tokmok mental institution for men	280	2016.0	144.0	04.07.07
6	Chimcorgon Republic Mental Hospital	550	3960.0	2500.0	04.07.07
	Sub total for Chui Oblast	1780	12816.0	7452.0	

First beneficiary in distribution of humanitarian aid was **Sokuluk's home for elderly**. It stood first on the list because on the moment of distribution they had a very long delay with governmental food supply and had almost didn't have any food. At the moment situation with product supply got better than in spring, there for vegetable blends is cooked 2-3 times a week. Workers of administration noticed the economic profit "Food for Peace" program. Governmental budget gives 30 soms (\$0,8) a day per person. This sum was established by government 5 years ago, meanwhile the minimal consumer budget is 2 180 soms (\$59, 00) for today. There for it is very difficult for the medical and socially weak institutions to fit in the 30 soms limit.



Preparation of lentil soup

Next point of monitoring was **Belovodsk's psychoneurological boarding home** for children. We were glad to see that the kitchen, the warehouse and the canteen are clean and in good condition. It also was very noticeable that the cook of the institution is very professional, there for the lentil soups and the vegetable blends are cooked in a remarkable way. The director of Belovodsk's psychoneurological boarding home for children noticed that it is very important for these children that vegetable blend and lentil soup are high-vitamin products.



Monitors had a chance to taste the soup that was perfectly prepared by the cooks of Belovodsk's psychoneurological boarding home for children.

Food aid distributed to **Jailsk's Psychoneurological boarding house** for women was redistributed to Psychoneurological boarding house for men in Tokmok because the administration of Jailsk's Psychoneurological boarding house refused the humanitarian aid in form of a food reasoning it on the possible decrease of governmental grant. 109 boxes with vegetable blend and lentil soup were redistributed in one week after three month of utilization in Jailsk's Psychoneurological boarding house.



Visit to warehouse

Chym-Korgon psychiatric hospital is one of the biggest recipients. At the moment of monitoring the quantity of patients was 550 people. The condition of the kitchen and warehouse was satisfying. The kitchen and warehouse are situated in separate building; though the building needs repairs the warehouse is dry and clean. Vegetable blends are often used as supplements in other dishes. In average they use 12-13 kilograms of vegetable blend per day. Prepared food then gets distributed in units of the hospital considering the specificity of the institution.

Issykkul Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Issykkul Oblast Hospital, psychoneurological department	70	504	444	06.07.07
2	Aksuiski psychoneurological internaut-home for female	200	1440	96	05.07.07
	Sub total for Issykkul Oblast	270	1944	540	

In Aksyi's psychoneurological boarding house 93% present of vegetable blend and lentil soup was used in 3 month, so for the moment of monitoring only 7% present of aid food was left. The boarding house ran out of flour, so the workers had to buy some flour on their miserable salaries and borrowed other necessary food from suppliers, and there were no meat at all for all three month. Kitchen workers had to cook soups with nettle that grew in their garden. *The success of the program was clear in this institution.* Most of the humanitarian aid was utilized in three month because exactly at this period of time Aksyi's psychoneurological boarding house didn't have any food or money. It was early spring time when groceries are very expensive and the finance ministry was delaying with submission of budget for the institution. There for our "Breedlove soups" came very much on time to Aksyi's psychoneurological boarding house. The vegetable blends were used not only for soups, but also as fillings for pies and patties.

After the visit to Aksyi's psychoneurological boarding house's kitchen we shared their recipes for vegetable blends with other recipients

The administration of this institution was very grateful to "Food for Peace" program that helped them to bare the three month food crisis and they really wanted to take part in the program next year.

Talas oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Talas OMH psychoneurological department	30	216	54	10.07.07
2	Bakai-Ata internet-home for invalids	60	432	144	11.07.07
	Sub total for Talas Oblast	90	648	208	

In Talas Oblast's Merged Hospital soups were distributed to Psychoneurological department. In March the hospital ran out of flour, there for hospital's canteen didn't have bread for 20 days. For these 20 days the workers of canteen used vegetable blends more often and cooked nourishing cereals.

In psychoneurological department of the hospital the vegetable blend was also used as snacks that were canceled for the patients in 2001 year after the conjunction of the psychoneurological

department with oblast Hospital. The snacks are very useful for the psychoneurological patients because they have high appetite and receive medicines that require full value nourishment.

Naryn Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Naryn Oblast Merged Hospital, psychoneurological department	20	144.0	0	23.07.07
2	At-Bashi rehabilitation center for invalids "Ak-Bairak"	300	2160.0	1680.0	23.07.07
	Sub total for Naryn Oblast	320	2304.0	1680.0	

Rehabilitation center "Ak-Bairak" has seven branches among which the humanitarian aid was distributed. Few of the branches work as kindergartens where hot dishes are served for children from poor families. Staff of the "Ak-Bairak" noticed that children like all dishes made of vegetable blends. "Ak-Bairak" is situated in Naryn oblast. It is very cold and high-altitude region, so there are no many vegetables that children need for full value nourishment.



Children of Atbashi Rehabilitation Center are happy to have a hot soup

Jalalabad Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Republic Psychiatric Hospital Kyzyl-Jar	500	3600.0	1479.0	17.07.07
2	Jalalabat children's psychoneurological internaut-home	300	2160.0	1632.0	18.07.07
3	Boarding house for old people and invalids Kochkorata	196	1440.0	960.0	18.07.07

	Sub-total for Jalalabad Oblast	996	7200.0		
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The biggest **Psychoneurological hospital** in south region is situated in village **Kyzyl-Jar**. Most of the patients are chronic patients that stay in hospitals for more than one month. Most of them are from poor families, so their relatives are not able to nurse them.

Cooks of Psychoneurological hospital in Kyzyl-Jar prepare first and second dishes of vegetable blend and lentil soup by instructions that were also distributed among recipients. They have to cook it every day, because there are no any other products in their ware house. Humanitarian aid distributed by program “Food for Peace” was first food aid in five years.

House for elderly and invalids is non governmental institution that situated in Kochkor-Ata village. There are 4 lodgers, other patients stay at their own homes, but come over every day to eat a hot meal. The institution gives its own placement for rent. The payment for rent is 2900 soms (\$76) for these they buy most important products. Sometimes they receive help from other organizations. The workers and cooks are volunteers.



Ware house of Republican psychoneurological hospital in Kyzyl-Jar.

Osh Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Osh Oblast Center of Mental Health	350	2520.0	1644.0	19.07.07
2	Oblast Narcology Dispensary	50	360.0	216.0	19.07.07
	Sub-total for Osh Oblast	400	2880.0	1860.0	

The administration of **Osh’s oblast center of Mental health** calculated the advantage from program “Food for Peace” and the results are: the governmental budget provides 30 soms for one patient’s meal per day, the portion of lentil soup is costs about 4 soms. There for the nutrition value rose for 15%.

Batken Oblast

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Kadamjai Psychoneurological Internaut-home for M&F	200	1080.0	540.0	20.07.07
2	Sub-total for Batken	200	1080.0	540.0	

Bishkek city

#	Name of recipients	# of beds	Received quantity (kg)	The rest of product (kg)	Date of monitoring
1	Republic center of mental health	600	4320.0	306.0	30.07.07
2	Republic Narcology Center	100	720.0	410.0	30.07.07
3	Rehabilitation center for invalids "Ak-Kak"	140	1008.0	704.0	03.08.07
4	Rehabilitation and diagnostic center for invalids	30	417.6	312.0	31.07.07
5	Bishkek City Internaut- home for old people and invalids	250	1800.0	1456.0	31.07.07
6	Rehabilitation center "Jez-Oimok"	50	360.0	228.0	31.07.07
	Sub total for Bishkek	1170	8625.6	3416.0	

The utilization of product in Bishkek institutions was satisfying. Almost all recipients noticed the financial gain from humanitarian aid.

The branch of republican health center in Ivanovka village maintains 40 children that also receive vegetable blends.

The manager of ware house in Bishkek's home for elderly people noticed, that they can save more money because they don't have to buy crops any more.

Conclusion

After the monitoring we came to next conclusions:

1. Economic gain.
2. Necessary while tenders and financial delays.
3. Good taste
4. Vitaminised
5. Easy to store, doesn't need any special conditions (refrigerator).
6. Easy to cook.

90 % of recipients asked for the continuation of program next year.

□ Local recipes that were used:

Pies with vegetable blend: mix yeasty dough, boil the vegetable blend, roll the dough and cut it pieces and fill with the vegetable stuffing. Then fry it on oil.

Shaule: fry onion, carrot and spicery, add a lentil blend, rise and pour with water cover with lid and boiled till soft.

□ How was money saved by Ergene? (Sharing storage with other organization, delivering food directly to distribution points and eliminating storage costs, volunteer workers to load and unload food, etc)

We tried to distribute products I one month, this helped to save on the rent of ware house.

We attracted volunteers for unloading the cars with boxes in institutions.